



July 2022: Team Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
July 4-8		<p>NATIONAL PICNIC MONTH</p> <p><u>Corporate Survivor</u></p> <p><u>Outdoor Game</u> 🎮</p> <p>It's Game Night Productions</p>		<p>WORLD CHOCOLATE DAY</p> <p><u>Chocolate Making</u></p> <p><u>Workshop</u> 🏢</p> <p>Chocolate Tales</p>	
July 11-15	<p><u>Creativity & Collaboration</u></p> <p><u>Workshop</u> 🏢</p> <p>GoldJam Creative</p>		<p><u>TV Game Showdown</u> 🎮</p> <p>Bar None Games</p>		<p><u>Full Body Flow Yoga</u> 🏢</p> <p>Upward Hapa Yoga & Wellness</p>
July 18-22		<p><u>90s Musical Bingo</u> 🎮</p> <p>Alex Ranahan</p>		<p><u>Brewery Tour</u> 🍷</p> <p>Canadian Craft Tours</p>	
July 25-29		<p><u>Sound Bath & Meditation</u> 🏢</p> <p>Pause+Expand</p>		<p>NATIONAL INTERN DAY</p> <p><u>Plant Workshop for Intern Appreciation</u> 🏢</p> <p>Yaymaker</p>	<p><u>Pasta Making Party</u> 🏢</p> <p>La Dolci Culinary Classroom</p>

🏢 = Virtual or Hybrid

🏢 = In office

🍷 = Outing



June 2022: Team Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
June 1-3			PRIDE MONTH <u>Pride Month Trivia</u> 🏳️‍🌈 Bar None Games	<u>Weekly Yoga</u> 🙏 LoDo Chair Massage	
June 6-10	<u>Sound Bath & Meditation</u> Pause+Expand		<u>Painting Class</u> Dragonfly Designs	<u>Weekly Yoga</u> 🙏 LoDo Chair Massage	
June 13-17		<u>Sushi Making Class</u> Roll This Way		<u>Weekly Yoga</u> 🙏 LoDo Chair Massage	<u>Musical Bingo</u> 🏳️‍🌈 Alex Ranahan
June 20-24		INTERNATIONAL YOGA DAY INDIGENOUS PEOPLES DAY <u>Workshop: Indigenous Peoples</u> Sum of Us		<u>Weekly Yoga</u> 🙏 LoDo Chair Massage	<u>Toronto Food Tour</u> Chopsticks+Forks
June 27-30	<u>On-site Magic Show</u> Toronto Magic Company		<u>Pride-Themed Terrarium</u> 🏳️‍🌈 Yaymaker	<u>Weekly Yoga</u> 🙏 LoDo Chair Massage	🏳️‍🌈 = In support of pride month 🙏 = In support of International Yoga Day



May 2022: Team Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
May 2-6	<p>MENTAL HEALTH WEEK</p> <p><u>Stress & Mindfulness Seminar</u></p> <p>Physio DNA</p>	<p>MENTAL HEALTH WEEK</p> <p><u>Find Your Zen</u></p> <p>FreshTalk Wellness</p>	<p>STAR WARS DAY</p> <p><u>Star Wars Trivia</u></p> <p>Yaymaker</p>	<p>MENTAL HEALTH WEEK</p> <p><u>Mindful Activities</u></p> <p>Soulidify Mindfulness</p>	<p>MENTAL HEALTH WEEK</p> <p><u>Paint & Relax</u></p> <p>Kraneil Fine Art</p>
May 9-13					<p>WORLD COCKTAIL DAY</p> <p><u>Learn to Make Classic Cocktails</u></p> <p>New World Wine</p>
May 16-20				<p>CAESAR DAY</p> <p><u>Happy Hour featuring Caesars</u></p> <p>HYR Work Canada</p>	<p>WORLD MEDITATION DAY</p> <p><u>Sound Bath & Meditation</u></p> <p>Pause+Expand</p>
May 23-27	<p>Victoria Day</p>		<p><u>Game Night</u></p> <p>Bar None Games</p>		
May 30-31		<p>PRIDE MONTH KICKOFF</p> <p><u>LGBTQ+ Pride & History</u></p> <p>Sum of Us</p>			